



*** FOR IMMEDIATE RELEASE ***

Second Year of QuickStart at Shrine Mont Concludes

Charlottesville, Virginia (7/31/2017) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report the second summer of QuickStart Tennis at Shrine Mont in Orkney Springs, Virginia has recently wrapped up after two one-week sessions. QCV Board member Frannie Stadlin, who also serves as Assistant Director of Shrine Mont’s St. Sebastian’s Sports Camp, continued the QuickStart Tennis tradition she started last summer at the camp.



Frannie (pictured in foreground above) says, “Fifty-four campers, who ranged from nine to 14, came to camp to play a wide range of sports. Each daily tennis session started with warm-ups and ball control, which led to learning forehand and backhand strokes, and some healthy competition in a game of ‘Jailbreak.’ The court became a place for the children to be leaders to their fellow teammates who didn’t possess the same skills, particularly in the second week with the campers who were ages 12 through 14. A camper with special needs had never played tennis before, but with the encouragement and enthusiasm of his friends and counselors, he was able to challenge his opponents with some impressive shots during a game of King of the Court. St. Sebastian’s Sports Camp was able to cater to campers who play tennis back home as well as to campers who had never played before. With help from QuickStart Tennis of Central Virginia, we had a wonderful summer at camp!”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote,

develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 206 schools with 95,000 kids, 13 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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