



*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis Training Set for Franklin County

Charlottesville, Virginia (9/12/2016) – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstarttennis.com)) is pleased to announce that QuickStart Tennis in School training will be held on Tuesday, November 8 in the gym at Benjamin Franklin Middle School West. The session will start at 12:30 p.m. In addition to PE teachers, the training is free and open to any community members who want to help kids learn the FUN, QuickStart way to play a lifetime sport. To register email: quickstartcentral@comcast.net. Flyer attached.



Lynda Harrill, QuickStart Tennis Coordinator and QCV Founder, says, “Many thanks to Brenda Muse, Director of Curriculum for Franklin County Schools, for helping us arrange this training session. Franklin County will be our 27th county and 30th community served. We are looking forward to getting more than 5,000 students in 13 elementary and middle schools in Franklin County developing motor skills, playing tennis and learning life lessons in PE classes. Through our Jump Start QuickStart Tennis Initiative we train, equip and support schools and other youth-centric organizations that commit to teaching kid-sized tennis. We raise funds and buy portable nets, racquets and balls for schools, parks & recreation departments and other youth organizations. We aim to make it very easy for teachers and other instructors to hop on the QuickStart Tennis bus and come along for the FUN! It’s all about using tennis as a vehicle for Positive Youth Development and helping combat childhood obesity and physical inactivity in the FUN QuickStart way. And the QuickStart format works for beginners of any age and is terrific for inter-generational play.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 188 schools with 89,000 kids, 13 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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