



*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis Introduced at Shrine Mont

Charlottesville, Virginia (7/26/2016) – QuickStart Tennis of Central Virginia ([QCV](#)) is pleased to report that QuickStart Tennis has been incorporated into the activities at St. Sebastian’s Sports Camp at Shrine Mont. 58 kids recently participated in the two week-long camp sessions and were given the opportunity to learn to play tennis. Shrine Mont, located on 1,000 acres in Orkney Springs, is part of the Episcopal Diocese of Virginia.



Lynda Harrill, QuickStart Tennis Coordinator and QCV Founder, says, “UVA first-year Frances Stadlin, a Madison House volunteer with SuperStarters Sports, called me up about incorporating tennis into camp activities at Shrine Mont where she was going to be a counselor. We loaned her racquets, balls and portable nets and provided lesson plans. You should have seen the smile on her face when she returned the equipment. I didn’t need to ask how things went. I know the feeling of putting a racquet in a kid’s hand for the first time and seeing faces light up. It’s so exhilarating!”



Photos by Ashley Cameron, Episcopal Diocese of Virginia

Camp Director Paris Ball adds, “QuickStart Tennis was a great addition to our program. We were excited to have it and the kids really enjoyed themselves. We are so happy Frances made this happen and we look forward to tennis next year.”

Frances says, “It is a daunting task to hold the attention of 30+ campers while explaining the strokes of tennis, but the FUN of QuickStart made it easy. My fellow coaches were learning along with the campers, so that really encouraged the kids to try their hardest. Playing the “Survivor” game was a wonderful experience as campers used their teamwork skills to keep everyone in the game. As we finished up the morning with shout-outs, the campers needed no help in praising others for their sportsmanship. It brought me to tears to see these campers show nothing but appreciation for each other. These campers truly exhibited that tennis is a team sport.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 182 schools with 87,000 kids, 12 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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