



*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis Training Set for Patrick County

Charlottesville, Virginia (7/8/2016) – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstarttennis.org)) is pleased to announce that QuickStart Tennis in School training will be held on Monday, August 8 at Patrick County High School in Stuart, VA. The session will start at 12:30 p.m. In addition to PE teachers, the training is free and open to any community members who want to help kids learn the FUN, QuickStart way to play a lifetime sport. To register email: quickstartcentral@comcast.net.



Lynda Harrill, QuickStart Tennis Coordinator and QCV Founder, says, “Many thanks to Andrea Cassell, Instructional Coordinator with Patrick County Schools, and Sharon Smith, Girls Tennis Coach at the high school, for helping us arrange this training session. Patrick County will be our 26th county and 29th community served. We are looking forward to getting almost 2,000 students in six elementary schools in Patrick County developing motor skills, playing tennis and learning life lessons in PE classes. Through our Jump Start QuickStart Tennis Initiative we train, equip and support schools and other youth-centric organizations that commit to teaching kid-sized tennis. We raise funds and buy portable nets, racquets and balls for schools, parks & recreation departments and other organizations. We aim to make it free and easy for teachers and other instructors to hop on the QuickStart Tennis bus and come along for the FUN! It’s all about using tennis as a vehicle for Positive Youth Development and helping combat childhood obesity and physical inactivity in the FUN QuickStart way. And the QuickStart format works for beginners of any age and is terrific for inter-generational play.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 182 schools with 87,000 kids, 12 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



####