



\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## Tennis Rocks the Gym at E. A. Gibson Elementary

**Charlottesville, Virginia** (4/14/2016) – QuickStart Tennis of Central Virginia (QCV) is pleased to report tennis in PE has kids moving at E. A. Gibson Elementary School in Danville. PE teachers Dustin Cockram and Kirsten Marvin recently introduced their students to tennis with QuickStart activities in the gym. Danville PE teachers and other community members were trained on QuickStart in October 2015. QCV equipped five Danville elementary schools in January 2016 thanks to a grant from the Community Foundation of the Dan River Region.

Cockram says, “We decided to start with a tennis unit with our 3rd-graders this year. They were so excited about tennis. I was surprised at how many students had never played before. We made it through the first four lessons in the USTA curriculum guide. The kids enjoyed the warm-ups and liked the challenges. We plan to use the equipment with 4th- and 5th-graders next year. The kids had a blast! Thank you for this great opportunity!”



Lynda Harrill, QCV’s QuickStart Tennis Coordinator and Founder, adds, “The Danville PE teachers have been super receptive and the kids are having a lot of FUN, so we are very pleased with our progress. Establishing ‘long-distance’ (from QCV’s base in Charlottesville) relationships can be tricky, but not so in the case of Danville. With enthusiastic PE teachers like these and a community tennis ‘maven’ like Neda Haymore, QuickStart instructor at the Stratford Tennis Club, on our side, we have great expectations for kids and tennis in this part of Virginia.”

For more photos and information, go to: [Danville](#).

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote,

develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 166 schools with 80,000 kids, ten parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](#).

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