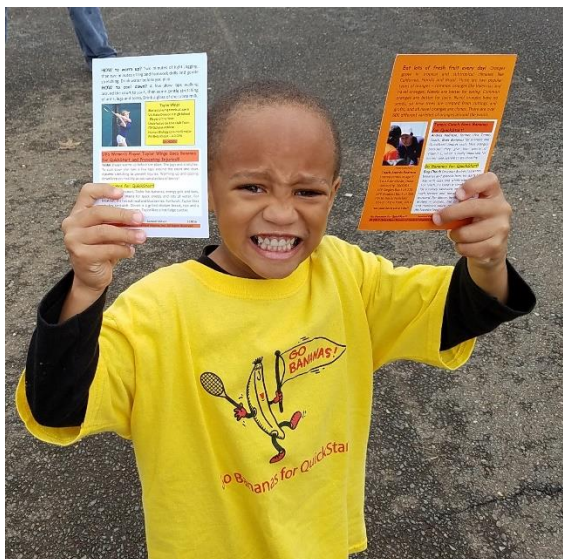




*** FOR IMMEDIATE RELEASE ***

BrightSTARS Finish First Sessions of School Year

Charlottesville, Virginia (12/6/2018) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report the first half sessions of [BrightSTARS=Tennis for Me!](#) wrapped up earlier this month. Eight classrooms of preschoolers at Agnor-Hurt, Cale, Greer and Stone-Robinson Elementary Schools participated this fall. Activities focused on motor-skill development (in a context of tennis), learning how to listen and follow instructions and cooperating with fellow classmates. Physical activities were supplemented with [Go Bananas for QuickStart!](#) nutrition and life-skills cards. Sessions resume in March.



Want to be a great adult? Be a QuickStart Kid!

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 207 schools with 95,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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