



*** FOR IMMEDIATE RELEASE ***

QCV's Seventh Year at Family Fitness Night at Trevilians Elementary

Charlottesville, Virginia (11/9/2018) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report its seventh year of participation in the Family Fitness Night at Trevilians Elementary School in Louisa County. About 40 kids joined in the kid-sized tennis FUN in the gym as part of this annual event. Participants ranged in age from two to ten, not counting the many parents who jumped “on-court” too.



Pictured at left, PE teacher Sarah Blanchard watches Rosa Lee Fry, Art teacher at Trevilians Elementary and Coach of the Louisa County High School Girls' Tennis Team, feed pop volleys to an eager kid.

Lynda Harrill, QuickStart Coordinator, says, “I really look forward to this annual event. Sarah is so enthusiastic about having her students learn tennis. She and the kids recently finished a two-week unit of tennis in PE. We like to reinforce teachers through Go Bananas for QuickStart! at events like these. We rallied a lot in the gym and handed out Go Bananas! posters and bracelets and the Go Bananas! cards for apples, bananas, carrots and balanced meals. Best part of this year’s event was putting a racquet in two-year-old boy’s hand for the first time.”

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 206 schools with 95,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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