

## \*\*\* FOR IMMEDIATE RELEASE \*\*\*

## **Net Gen Tennis Camp Wraps Up Second Year in King George County**

**Charlottesville, Virginia** (7/1/2019) – QuickStart Tennis of Central Virginia, Inc. (QCV) is delighted to report former QCV President Tessa Pehanick recently wrapped up her second year of summer tennis camp for King George County Parks & Recreation.



Happy Campers! Fruit Frenzy — Berries Day

This year each Net Gen Tennis Camp session was themed with a different fruit. Over the week, participants received Go Bananas! posters, bracelets, drawstring bags and Go Bananas! cards for apples, bananas, berries, oranges and watermelon.

Tessa says, "Tennis camp this week was so fun! We did a Go Bananas Fruit Frenzy for the week and shared information about apples, bananas, berries, oranges and watermelon. I left camp with an empty basket each day! We had an unexpected bonus — two families shared their mulberries and wild raspberries for all to taste! Speed Stacks added to the fun as targets, and hiding towers for our added prizes. Thank you, QuickStart Tennis of Central Virginia for your never-ending support, and King George County Parks and Rec for providing this opportunity! Go Bananas!"

QCV QuickStart Coordinator Lynda Harrill adds, "We helped Tessa get youth tennis started last year in King George County. We're so glad to see tennis has taken root there. Tennis and nutrition are an unbeatable combination. Go Bananas! makes it FUN!"









A racquet in every hand! A smile on every face!

Want to be a great tennis player? Eat like a great tennis player!

Want to be a great adult? Be a QuickStart kid!

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 209 schools with 96,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on Facebook.

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