



*** FOR IMMEDIATE RELEASE ***

First Session of Net Generation Summer Tennis Camps Wraps Up in King George County

Charlottesville, Virginia (7/2/2018) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report that the inaugural session of King George County Parks & Recreation Department’s Net Generation 10 and Under Tennis Camp finished on June 22. Former QCV President, Tessa Pehanick, who now teaches physical education at the Dahlgren School in King George County, led the camp. Each instructional session was themed with a different nutritional food, with an emphasis on hydration. Each participant received Go Bananas! cards for bananas, apples, grapes, watermelon, cucumbers and water. Kids also received a Go Bananas! bracelet, lanyard, water bottle and poster as well as a GAMMA wristband.



Pehanick says, "Five days of super FUN tennis camp for 10U kids in King George County. Hot sun, refreshing snacks with Go Bananas! cards and a final rainy day with play in the giant gym can't be beat. The keys to success are the red foam ball and the correct size racquet. Net Gen Camp #2 starts July 9th."



Tim Smith, King George Director of Parks & Recreation, says, "At the first session of tennis camps this summer, 30 youths, ages 5-14, participated in a week of tennis instruction and fun. Through skills offered by QuickStart Tennis of Central Virginia and Net Generation, our King George County Parks and Recreation instructors, Jill Wine and Tessa Pehanick; and tennis equipment obtained through funding from the Duff McDuff Green, Jr. Fund in the Community Foundation of the Rappahannock Region, youth have begun to learn a lifetime activity. The participant support shown in this camp was outstanding! We are looking forward to not only to an upcoming camp, but more tennis programs in the future."

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 207 schools with more than 95,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and three YMCAs in our service area of 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!

