



\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## **Crozet Elementary Celebrates 10 Years of QuickStart Tennis**

**Charlottesville, Virginia** (11/1/2019) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report a celebration of 10 years of QuickStart Tennis was recently held at Crozet Elementary. Kids in kindergarten through second grade participated in the FUN event. Eight classrooms totaling 170 kids celebrated in four sessions in just over two hours. Crozet PE teachers Dawn Laine and Wes Davis organized the tennis activities. Dawn ran the activities in the gym and Wes ran the flipping and catching station outside on the blacktop next to the gym. Before each session, QCV QuickStart Coordinator Lynda Harrill spoke to the kids about what tennis players eat and why tennis players practice kindness. Each kid received a 10-Year t-shirt and Go Bananas! cards. QCV President Alina Ackenbom and QCV Board member Robert Gibb coached the kids.



**Rallying with a partner**



**Some first graders getting ready for some QuickStart FUN!**



**Whole lot of beanbag flipping and catching going on – great for hand-eye coordination**

Crozet Principal and QCV Board member Gwedette Crummie, says, “What a wonderful celebration of an awesome partnership with QuickStart Tennis for 10 years that has played a pivotal role in our students’ wellness every day emotionally, socially and academically. We are so grateful of all the resources and services provided by QuickStart Tennis of Central Virginia to our Physical Education department and school community.”

Lynda Harrill, QCV QuickStart Coordinator, adds, “We love Crozet Elementary, the kids, the parents and all the staff. It’s such a welcoming, learning environment and we take every opportunity to be an active part of their community. They are a ‘Tennis School’ in the truest sense. We look forward to working with them for many more years.”

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV’s service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 210 schools with 98,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact [quickstartcentral@comcast.net](mailto:quickstartcentral@comcast.net)



*A racquet in every hand! A smile on every face!*



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