



*** FOR IMMEDIATE RELEASE ***

Charles City County to Start BrightSTARS–Tennis for Me! Program

Williamsburg, Virginia (9/26/2024) – QuickStart Children of Virginia (QCV) is pleased to report a [BrightSTARS–Tennis for Me!](#) program will start at Charles City Elementary School in mid-October. QCV recently trained The Charles City preschool teachers and Head Start staff to assist in teaching the innovative tennis and nutrition immersion format QCV created 10 years ago. Formal sessions with the 43 preschoolers at the school will begin next month.



Pictured above: Casey Holsclaw, Jacqueline Izquierdo, Kelly Orrell, Star Martinez and George Vaughn (PE teacher) making a “tennis sandwich”

Charles City Elementary also received a [Racquets for Reading!!!](#) grant for teachers to purchase books for the 43 preschoolers in their care. The teachers will be able to select and purchase books that suit their respective classrooms. QCV will also provide fun, reading-related giveaways, Go Bananas! cards and mini rubber ducky reading buddies.

Jacqueline says, “Thank you for including us in your new journey.”

QCV’s Founder Lynda Harrill adds, “It’s wonderful to be able to take **BrightSTARS** to a new school in a new part of the state for us. The move to Williamsburg was a little hectic, but now that things have calmed down, we are thrilled to be partnering with the folks at Charles City Elementary School to teach their youngest students about the fun of tennis, healthy eating and reading and have them develop a love for the sport and reading.”

**Want to be a great adult?
Play tennis! Read books! Eat healthy! Have FUN!!!
Be a QuickStart kid!**

QuickStart Children of Virginia (aka QuickStart Tennis of Central Virginia, Inc.) is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in Virginia for all beginners, especially underserved and at-risk youth, using the kid-sized QuickStart Tennis format. We leverage the fun of tennis to promote lifelong physical activity, healthy eating/lifestyle habits and a love of reading in the communities we serve. We believe early childhood literacy will solve many socioeconomic problems and produce kids who will succeed in school and in life.

Visit QCV at www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



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