



\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## Mountaintop Montessori Hops on the QuickStart Bus

**Charlottesville, Virginia (3/9/2020)** – QuickStart Tennis of Central Virginia, Inc. (QCV) is very pleased to report Mountaintop Montessori will be adding kid-sized tennis to their PE curriculum and afterschool enrichment programming. Mountaintop becomes the 212th school in our service area to incorporate QuickStart Tennis into school activities. Alma Scheible, PE and Children's House Aftercare Guide, and Julian Cameron, Children's House Spanish Guide and Elementary Aftercare Assistant, both at Mountaintop Montessori, attended the training session we held recently for Albemarle County.



Schools Tennis Workshop participants



Alma, pictured at left with Rob Issem, Schools Tennis Manager for USTA/Mid-Atlantic, was all smiles as she received her certificate for completing the training.

Alma says, “I had a positive experience with the Schools Tennis Workshop. Through this training, I was able to learn a wide variety of object control skills that are possible with a simple set of common PE materials. I also enjoyed putting these skills into practice. I found the activities fun, versatile and creative, and was able to

easily adapt what I learned to my students from kindergarten through 5th grade.”

Alma continues, “We plan to introduce the many tennis skills we learned this spring. I am excited that we will have full participation from all the students. I believe the skills we learned will continue to provide a new, refreshing avenue to further develop gross and fine motor skills. The best part is that the students will be having fun while learning a healthy active sport.”

Lynda Harrill, QCV QuickStart Coordinator, adds, “We are always thrilled to add another school to our still growing list of community partners. We love Alma’s enthusiasm for tennis and her recognition that tennis can help kids develop in so many ways. Mountaintop is also extra special as QCV President Alina Ackenbom will be teaching a new afterschool program there this fall.”

*A racquet in every hand! A smile on every face!*

*Want to be a great adult? Play tennis! Read books! Eat healthy!*

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV’s service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 212 schools with 99,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](#).

For additional information, contact [quickstartcentral@comcast.net](mailto:quickstartcentral@comcast.net)



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