



*** FOR IMMEDIATE RELEASE ***

Go Bananas! at Crozet Elementary Kindergarten Camp

Charlottesville, Virginia (7/19/2019) – QuickStart Tennis of Central Virginia, Inc. (QCV) recently made a Go Bananas for QuickStart! school visit to 50+ rising kindergartners at Crozet Elementary Summer Kindergarten Camp. QCV's Lynda Harrill talked to the kids about what tennis players eat – lots of fruits and vegetables – and emphasized staying hydrated in the very hot weather we're having. Each kid was given a Go Bananas! poster card, Go Bananas! cards for bananas and water, a Go Bananas! bracelet and a Go Bananas! water bottle. The kids were super attentive and very good listeners. They are looking forward to some FUN tennis in PE with Ms. Laine when school starts next month.



Nothing better than having 50+ kindergartners going bananas!



Harrill says, "We love any opportunity to visit kids at Crozet Elementary. We attend Open House Night, Back-to-School Night and Community Night. We do Crozet Tennis Day for first-graders every year. Last spring we hosted a REV YOUR BEV DAY for all 370 students. Kindergartners are treated to a week of Summer Camp to get them acclimated to the school and their new teachers. When we heard about the Kindergarten Camp, we jumped at the chance to introduce kid-sized tennis and talk to the kids about healthy eating. We will be seeing these kindergartners again in the fall for an Apples for Aces visit. Crozet Elementary is a true 'Tennis School.'"

Want to be a great tennis player? Eat like a great tennis player!

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 209 schools with 96,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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