



*** FOR IMMEDIATE RELEASE ***

QCV Hosts Net Generation Community Workshop in Fluvanna

Charlottesville, Virginia (5/20/2019) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report we hosted the first Net Generation Community Workshop in our service area. This is a new workshop format developed by the U.S. Tennis Association as part of its latest iteration of youth tennis — [Net Generation](#). The shortened version of previous workshops is supplemented by extensive online teaching resources, a new smartphone app for handy reference when on-court, and a background check for all registered providers. The workshop was led by Ellen Markowitz, founder of SuperStarters Sports and coach of the Western Albemarle High School Girls' Team. Ellen has been involved in youth tennis for many years and specializes in the positive impact sports can have on kids.



Fluvanna County High School Tennis Courts & Auxiliary Gym



QCV QuickStart Coordinator Lynda Harrill says, “We were on the outdoor courts for about an hour, when the rains came. We grabbed up the equipment and headed for the auxiliary gym to finish up. We all got some unexpected exercise and participants got the opportunity to also see kid-sized tennis in a gym setting. We were especially happy to have Lisa Henry, Lynn Forsyth, Alden Bigelow, Betsy Gunnels and Fred Gunnels from Lake Monticello and Eryn Rothenberg and Kasey Massih from Triple C Camp participate in the training. They will be adding youth tennis to their activities this summer. Jacob Birckhead came with his dad James, a former high school tennis player, to see what youth tennis is all about. Seven-year-old Jacob picked up a racquet for the first time a few weeks ago. He’s a very coachable kid, so we had him hitting, finishing his strokes and rallying quickly. He has already signed up for the new summer program at Lake Monticello. All that puts a big smile on my face!”



QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV’s service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 208 schools with 95,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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