



*** FOR IMMEDIATE RELEASE ***

Go Bananas! Role Model Named ACC Tourney MVP

Charlottesville, Virginia (4/26/2021) – QuickStart Tennis of Central Virginia, Inc. (QCV) is so proud to report that Go Bananas! role model Carl Söderland (WHY do tennis players practice kindness?) and UVA Men’s Tennis Team Captain was named Most Valuable Player at the recent ACC Tennis Tournament where UVA won its 13th ACC championship in a close match against UNC. In addition to being an excellent tennis player and great tennis role model, Carl is a scholar-athlete, graduate student and UVA Range resident after residing on the Lawn last year. Carl is currently ranked #9 in singles and #10 in doubles by the Intercollegiate Tennis Association. The UVA Men’s Tennis team is ranked #6 and is headed for the NCAA Regionals in early May. The draws and sites will be announced on May 3.



QCV QuickStart Coordinator Lynda Harrill, says, “Carl is an AWESOME tennis player and human being. We love to see him excel, which he does in everything he does. He’s a fierce competitor on court and patient and kind with kids when he visits classrooms with us. It has been a privilege to watch him play at such a high level and be so successful at UVA. We appreciate the time he has given us. We’re sad this is his last year, but we look forward to following him as he goes on to do even bigger and better things in life.”

Please visit our [website](#) to learn more about what QCV is doing to promote physical activity, healthy eating and early childhood literacy for preschoolers and kindergartners through our [Racquets for Reading!!!](#) initiative during COVID. More than 1,805

kids reached with more than 17,000 books!!!

Want to be a great adult?

Play tennis! Read books! Eat healthy! Have FUN!!!

Be a QuickStart kid!

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format. QCV’s service area

includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 212 schools with 99,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



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