



*** FOR IMMEDIATE RELEASE ***

Go Bananas! Role Model Sara O’Leary Gets 100th Win as Head Coach

Charlottesville, Virginia (3/25/2021) – QuickStart Tennis of Central Virginia, Inc. (QCV) is proud to share that UVA Women’s Tennis Head Coach and Go Bananas for QuickStart! role model (WHY do tennis players eat pineapples?) Sara O’Leary recently registered her 100th career win as a head coach with a 5-2 upset victory over ACC rival Georgia Tech at the UVA Tennis Facility at the Boar’s Head Sports Club. Sara is in her fourth season at UVA with 55 wins after coaching at Davidson College for three years with 45 wins. Go HOOs!!!



Photo by Matt Riley



Sara coaching at UVA



Photo by Matt Riley Sara visiting kids at Baker-Butler ES QCV photo

Sara says, “I never would have accomplished 100 wins without the help of so many incredible people in my life. Teamwork is key and building great relationships along the journey makes the experience so much more meaningful. Accomplishing goals also takes consistent hard work!”

QuickStart Coordinator Lynda Harrill adds, "Sara is an AWESOME coach and role model. The young women on her team are so lucky to have someone like her leading the program. Not only is she a superb coach, but she is all about community outreach and involvement for her players. Even though COVID has made it tough, she has found ways for her team to give back to the kids we work with. We are so lucky to have her support and enthusiasm for kid-sized tennis as well as literacy and healthy eating. We love taking her to schools to meet kids. We're enthusiastically looking forward to Sara's next 100 wins and many more after that."

Please visit our [website](#) to learn more about what QCV is doing to promote physical activity, healthy eating and early childhood literacy for preschoolers and kindergartners through our [Racquets for Reading!!!](#) initiative during COVID. More than 1,700 kids reached with over 13,000 books!!!

*Want to be a great adult?
Play tennis! Read books! Eat healthy! Have FUN!!!
Be a QuickStart kid!*

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format. QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 212 schools with 99,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



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