



*** FOR IMMEDIATE RELEASE ***

QCV Does Go Bananas! Blitz with UVA Tennis Coach

Charlottesville, Virginia (1/30/2019) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report Sara O’Leary, Head Tennis Coach of the UVA Women’s Team, and Lynda Harrill, QuickStart Tennis Coordinator for QCV, recently completed a series of Go Bananas! school visits. In less than four hours, Coach O’Leary was introduced to almost 600 students at Baker-Butler, Hollymead and Greer Elementary Schools and Sutherland Middle School.

At Baker-Butler, Coach O’Leary and Harrill participated “on court” in the first session of the Tennis Tuesdays program for 110 second-graders. This tennis and nutrition immersion format developed by QCV is now in its fifth year at Baker-Butler. In addition to hearing about what great tennis players eat and receiving Go Bananas! cards and bracelets, each student was given a photo and home schedule of the UVA Women’s Team so they could attend some UVA matches this Spring. Each classroom was also given a team poster. Coach O’Leary told them about how she decided to become a serious tennis player at age 13 after playing many different sports, how she worked hard and received a college scholarship to play tennis and what it’s like to coach at the college level. The kids had a terrific time and were good listeners.



To see a short video of some live “on court” action at Baker-Butler click [here](#).



Harrill says, “Being able to take a coach like Sara to interact with kids is a privilege and so important to the growth of our sport and the development of kids. Even a brief interaction has a huge impact. The kids we saw at Greer yesterday remembered us from the 10-Year Tennis Celebration we held there last September. I promised them Sara would return when the team posters were ready, so we delivered posters and home schedules with a team photo to the gym and to 17 preschool to second-grade classrooms, 310 kids. Sara and I got a lot of leg-hugs. That’s when you know you’ve made a connection and hopefully a difference in a kid’s life.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV’s service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 207 schools with 95,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 36 additional schools with 15,000 students in communities outside our service area.

Visit QCV at: www.quickstartcentral.org and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!

