



*** FOR IMMEDIATE RELEASE ***

Go Bananas! Role Model and QuickStart Kid Wins First ITF Title

Charlottesville, Virginia (9/29/2022) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report Brendan Boland, a former QuickStart kid in Albemarle County and a tennis role model on QCV’s “Why do tennis players where sunscreen?” Go Bananas for QuickStart! card, recently won his first International Tennis Federation (ITF) title at a junior tournament in McKinney, TX. Seventeen-year-old Brendan, who now lives in Arkansas, won his first two tourney rounds handily and then defeated the #1 seed in the quarterfinals, 6-4 6-4. He was up 6-1 3-0 in the semifinals when his opponent retired. In the finals, his opponent retired after four games.



Brendan (pictured in 2022 and 2011 at left) says, “QuickStart Tennis allowed me to start enjoying the sport of tennis. It brought joy to the game at a young age which has allowed me to develop into the person and player I am. I encourage other kids to get involved in QuickStart.”

QCV’s QuickStart Coordinator Lynda Harrill adds, “I remember when Brendan was born. I remember getting Brendan and his brother Bryce and sisters Briana and Brooke started with

QuickStart Tennis. They obviously were exposed to tennis through their Dad and UVA Tennis Coach Brian, and saw how hard college tennis players work, but they hadn’t seen the FUN tennis can be, especially for younger kids. Their Mom Becky convinced them to give QuickStart a try. Once they got going, there was no stopping them. Brendan and Bryce played tennis endlessly in their driveway. They actually wore out two portable nets in the process. Brendan and Bryce would wander around their neighborhood looking for other kids who wanted to learn to play tennis. They found quite a few. They could improvise a ‘court’ and play just about anywhere. I am so thrilled to see Brendan’s success in tennis and proud to see the young man he has become even though it does make me feel a little older and a lot shorter.”



Bryce and Brendan improvising in 2011

***Want to be a great adult?
Play tennis! Read books! Eat healthy! Have FUN!!!
Be a QuickStart kid!***

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format. QCV's service area includes, Amelia, Appomattox, Brunswick, Buckingham, Campbell, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 214 schools with 101,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs, in 31 Virginia counties and independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in Virginia communities outside our service area.

Visit QCV at www.quickstartcentral.org and on [Facebook](https://www.facebook.com/quickstartcentral).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



####