



*** FOR IMMEDIATE RELEASE ***

Summer Youth Tennis Tradition at Lake Monticello Thrives

Charlottesville, Virginia (7/20/2022) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report another session of summer tennis camp at Lake Monticello recently wrapped up. Twenty-five kids participated in the weeklong camp, with five kids waitlisted. The camp was started at Lake Monticello 13 years ago by resident Lynn Forsyth and continues today thanks to Betsy Gunnels, her husband Fred and a group of dedicated volunteers who want to pass on their love of tennis. This year’s volunteer instructors included: Alden Bigelow, John Dernbach, Jeannette Thillet, Betsy and Fred Gunnels. They were assisted on-court by Lindy Prittie, Karen Christopherson, Karen O’Neil, Allyson Hopkins, Lisa Henry, Andrea Powell and some camper parents. Their goal to start a Junior League for kids that will help them, as they grow into their teen years, to be able to participate at the high school level.



Organizer Betsy Gunnels says, “It was a fun week! All the instructors and volunteers are active tennis players at the Lake. At the end of camp, those kids who didn’t have their own racquets got to take one home.”

Please visit our [website](#) to learn more about what QCV is doing to promote physical activity, healthy eating and early childhood literacy for kids in our service area.

***Want to be a great adult?
Play tennis! Read books! Eat healthy! Have FUN!!!
Be a QuickStart kid!***

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format. QCV’s service area

includes, Amelia, Appomattox, Brunswick, Buckingham, Campbell, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 214 schools with 101,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs, in 31 Virginia counties and independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in Virginia communities outside our service area.

Visit QCV at www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



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