



*** FOR IMMEDIATE RELEASE ***

QCV Trains Louisa Preschool Teachers for BrightSTARS

Charlottesville, Virginia (12/8/2021) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report that we recently trained the preschool teachers in the four Louisa County elementary schools to teach their students about tennis and healthy eating using our [BrightSTARS–Tennis for Me!](#) curriculum. More than 120 kids will benefit from our tennis and nutrition immersion format specifically designed for preschoolers who



participate in Virginia Preschool Initiative classes.

At the training session Justin Grigg, Louisa’s Director of Elementary Education, was presented with a check to purchase Scholastic Book Club “bargain books” for the preschoolers. We also delivered mini reading rubber duckies, Go Bananas! cards and banana-scented bookmarks for the kids. This [Racquets for Reading!!!](#) grant was made possible by the generosity of the

William A. Cooke Foundation, Dick Purcell Land, Cattle & Timber and Pardee Virginia Timber.

QCV QuickStart Coordinator Lynda Harrill says, “Our original plans were to get BrightSTARS going in Louisa in March 2020, but unfortunately COVID took care of that. While the delay was frustrating, Racquets for Reading!!! was created in the meantime, so the preschoolers in Louisa get another source of enrichment from QCV. Anything we can do to enrich and improve kids’ lives is a win for us. Working with Justin is such a pleasure.

Before he got into administration, he was a PE teacher, so he completely understands the importance of physical activity and the many ways tennis can be used to help his students develop and grow physically and academically. Tennis is a lifetime sport. Reading is a lifetime skill. Both are best learned at a young age. It’s a winning combination



and a win-win for everyone involved kids, teachers, parents and QCV.”

Please visit our [website](#) to learn more about what QCV is doing to promote physical activity, healthy eating and early childhood literacy kids in our service area.

*Want to be a great adult?
Play tennis! Read books! Eat healthy! Have FUN!!!
Be a QuickStart kid!*

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format. QCV’s service area includes, Amelia, Appomattox, Brunswick, Buckingham, Campbell, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, plus under a special arrangement, King George County. We currently serve 213 schools with 99,000 kids, 15 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 37 additional schools with 16,000 students in communities outside our service area.

Visit QCV at www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net.



A racquet in every hand! A smile on every face!



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