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*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis of Central Virginia trains PE Teachers in Greene County Schools

Charlottesville, Virginia (1/25/2010) – QuickStart Tennis of Central Virginia, Inc. (QCV) and USTA Mid-Atlantic recently conducted a training session for PE teachers in the Greene County Schools. Jonathan Amos, USTA/Mid-Atlantic Tennis Service Representative and QCV Director of Community Development, led the session.



PE classes in the two Greene County elementary schools have offered QuickStart as part of the PE curriculum since last spring. The Primary School will incorporate QuickStart next. Plans are in the works to add QuickStart for beginners

in the middle and high school PE programs too. Two representatives of the Piedmont YMCA in Charlottesville also attended the session and plan to introduce QuickStart into their spring programs. The Greene County Extension Agent dropped by in anticipation



of launching the ***Go Veggies for QuickStart!*** Initiative in Greene County later this year. QuickStart Tennis has definitely caught on in Greene County.

Lynda Harrill, QCV's founder and QuickStart Tennis Coordinator, says, "That brings the number of people we have trained to just over 200. We're going after 55,000 kids in 116 public schools, so PE teachers are people we

want to get to know. Enthusiastic PE teachers like Gail Fehlner (blue jacket), who arranged this first-ever PE-specific staff development day training for Greene County PE teachers, make our job a lot easier."

High School PE teacher Tom Hoffman showed Lynda where he'd like to have tennis courts built at the Greene County Schools complex. He'd also like to start a varsity tennis team. Ruckersville PE teacher Tim Thomas has been hoping for a high school team ever since he first learned about QuickStart a year ago.

Through its **Jump Start QuickStart Tennis Initiative**, QCV trains, equips and supports schools, parks & recreation departments and other community organizations that are committed to teaching and running self-sustaining QuickStart Tennis programs. Nathanael Greene and Ruckersville Elementary Schools were equipped last year with **Jump Start** funding from the Luck Stone Foundation.

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 21 counties and one independent city in Central Virginia for all beginners, especially underserved youth.

QCV's Service Area includes Albemarle, Amelia, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Greene, Greensville, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Prince Edward, Powhatan and Rappahannock counties and the City of Charlottesville.

QCV website: www.quickstartcentral.org



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