



For additional information, contact Stevia Anda, Vice President – Communications, at quickstartcentral@comcast.net or visit www.quickstartcentral.org

*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis of Central Virginia trains City of Charlottesville After-School Instructors

Charlottesville, Virginia (1/19/2010) – QuickStart Tennis of Central Virginia, Inc. (QCV) and USTA Mid-Atlantic recently conducted a training session for instructors in the City of Charlottesville Schools C.L.A.S.S. after-school program. Steve Iman, USTA Tennis Service Representative, led the session.



PE classes in the City’s six elementary schools now offer QuickStart as part of the PE curriculum. Getting QuickStart in the after-school programs will give kids more opportunities to be active. The C.L.A.S.S. staff had a great time learning QuickStart!

Lynda Harrill, QCV’s founder and QuickStart Tennis Coordinator, says “That brings the number of people we have trained over the past two years to almost 200. The more we train, the more kids we can reach. We’re going after 55,000 kids in 116 schools over the next five to six years. Enthusiastic staff members like the C.L.A.S.S. instructors make our goals attainable. Many thanks to Tracy Coleman for organizing a fun evening!”

Through its ***Jump Start QuickStart Tennis Initiative***, QCV trains, equips and supports schools, parks & recreation departments and other community organizations that are committed to teaching and running self-sustaining QuickStart Tennis programs. All six Charlottesville elementary schools received free equipment last year from the ***Jump Start QuickStart Tennis Initiative***. Now this equipment will be put to good use both during and after school.

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 21 counties in Central Virginia for all beginners, especially underserved youth.

QCV’s Service Area includes Albemarle, Amelia, Brunswick, Buckingham, Charlotte, Charlottesville (City), Culpeper, Cumberland, Dinwiddie, Fluvanna, Greene, Greensville,

Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Prince Edward, Powhatan and Rappahannock counties.

QCV website: www.quickstartcentral.org



A racquet in every hand! A smile on every face!



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