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*** FOR IMMEDIATE RELEASE ***

QuickStart Tennis Comes to Kenston Forest School

Charlottesville, Virginia (6/23/2010) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report a training session was recently held for 19 enthusiastic participants -- teachers, parents, community volunteers and kids at Kenston Forest School in Nottoway County. Steve Iman, a certified USTA School Tennis instructor from USTA/Mid-Atlantic led the training. Founded 44 years ago, Kenston Forest today has almost 400 students in PK3 through 12.

Lynda Harrill, QCV's QuickStart Coordinator, set up the Kenston Forest training with the help of Mary Ann Estes, Kenston Forest's Tennis Coach who is a big QuickStart Tennis fan and supporter. Estes attended an earlier training session for Lunenburg County Schools and wanted Kenston Forest students to experience QuickStart Tennis FUN and hopefully grow a few players for her team.



Back row L to R: Mary Ann Estes, Nicole Thacker, Jannon Coley, Patricia Mahaney, Abbie McDonald, Dana Bacon, Sharron Basso, Sally Ann Buchanan, Jamie Roberts, Thomas Winn.

Middle row: Carly Roberts, Delaney Basso, Trey Winn, Jackson Taylor, Tucker Estes, Charlotte Walker, Emily Hawthorne, Jackson Roberts.

Front row: Skye Winn, Camille Bacon, Mya Mahaney, Hannah Mahaney.

Through its ***Jump Start QuickStart Tennis Initiative***, QCV trains, equips and supports schools, parks & recreation departments and other community organizations that are committed to teaching and running self-sustaining QuickStart Tennis programs. Since QuickStart was introduced in early 2008, 48 schools in eight central Virginia counties have added QuickStart to their PE curriculum. Over 20,000 students in those schools now have an opportunity to learn the “sport for a lifetime.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 21 counties and one independent city in Central Virginia for all beginners, especially underserved youth.

QCV's Service Area includes Albemarle, Amelia, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Greene, Greensville, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Prince Edward, Powhatan and Rappahannock counties and the City of Charlottesville.

Visit QCV at: www.quickstartcentral.org



A racquet in every hand! A smile on every face!



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