



*** FOR IMMEDIATE RELEASE ***

Tennis Now in PE Classes at Twin Springs Elementary

Charlottesville, Virginia (12/9/2015) – QuickStart Tennis of Central Virginia ([QCV](#)) is pleased to report that QuickStart Tennis is in full swing in the gym at Twin Springs Elementary School in Pittsylvania County. Thirty-five Pittsylvania PE teachers and community members in Pittsylvania were trained in August. Twin Springs received an equipment grant from QCV in the fall and will share the equipment with nine other County elementary schools until funds can be raised to equip the others. Park Avenue Elementary in the nearby Danville has also received an equipment grant and will share that equipment with five other City elementary schools.



Lynda Harrill, QuickStart Tennis Coordinator, says, “Having equipment at each school is essential to ensure PE teachers will teach tennis as part of their PE curriculum. We need to make it as easy on the teachers as we can for them to incorporate tennis. It’s much easier for them to go to their storage closet and grab equipment than it is to track down where loaner equipment it is, make arrangements to get it and wait for its arrival. Readily available tennis equipment also encourages spontaneous play at recess. Spontaneity is so important to a kid’s development. Less structure and more free play is what kids need today. That’s how they learn and grow. Sharing in Pittsylvania and Danville is hopefully a very short-term solution. We want to see tennis in the gym nights for parents and kids and lots of after-school programs. Equipment needs to be on-site to accomplish that.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 166 schools with 80,000 kids, ten parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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