



*** FOR IMMEDIATE RELEASE ***

QCV Trains Danville City Schools

Charlottesville, Virginia (11/2/2015) – QuickStart Tennis of Central Virginia ([QCV](#)) is pleased to report a QCV School Tennis training session was recently held for PE teachers and community members in Danville. The session was arranged by David Black who teaches physical education at Park Avenue Elementary School. Lynda Harrill, QCV QuickStart Tennis Coordinator, led the session. There are six elementary schools and two middle schools with more than 4,200 students in Danville.



Black says, “Thank you for such an informative and enjoyable workshop. I think everyone there was impressed and totally enjoyed themselves. I definitely left with a desire to incorporate tennis into my curriculum. Thank you for my awesome goody bag.”

Harrill adds, “I’ve organized and attended 50+ training sessions, but had never taught one. Our scheduled trainer was unable to teach that day, so I grabbed the training script and starting preparing. On the day of training, I was at Greer Elementary until noon Going Bananas! with 36 four-year-old Bright Stars kids and then hopped in the car with my husband to ride to Danville in the pouring rain. We arrived in plenty of time and had a terrific session because the participants were so enthusiastic. In addition to the teachers, Justin Price from Danville Sports & Recreation and two mother-son tennis ‘teams’ joined in. Eight-year old Jacob Perez especially enjoyed himself. There is usually a ‘break out’ participant at the sessions. This time it was Ramona Booker, PE teacher at Schoolfield Elementary, who had a little limp in the beginning that miraculously disappeared when we got into competitive team play. She said she hadn’t played tennis in years. We expect to see her back on the court killing it.”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 159 schools with 76,000 kids, ten parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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