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*** FOR IMMEDIATE RELEASE ***

Longwood Teams Host Community Tennis Day

Charlottesville, Virginia (10/13/2015) – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstartcentral.org)) is pleased to report the Men’s and Women’s Tennis Teams at Longwood University recently hosted the inaugural Longwood Tennis Community Day for kids in Farmville and several surrounding counties. Head Women's Coach Bruce Myers, Head Men's Coach Pierre Tafelski, and the Lancers players led the children, ages 3-14, through drills, activities and games relative to their specific skill and age levels. The free, two-hour clinic drew more than 20 participants. The coaches were very pleased with the first-year turnout and are already planning for next year’s event.

QuickStart PRO Rich Michaels who helped out on court reported that several of his students from Buckingham and Cumberland counties attended.



Elwood, Longwood’s Mascot, was a big hit with the kids!

QCV QuickStart Coordinator Lynda Harrill says, “Connecting all the tennis ‘dots’ in a community is so important. We equipped the Prince Edward County schools, Fuqua School, the PE Department at Longwood and QS Tennis Time in Farmville a few years ago. Having the Longwood teams step up with such a nice event is greatly appreciated. We look forward to working with them to grow the sport for kids in Prince Edward, Appomattox, Buckingham and Cumberland counties where tennis is already being taught in PE and after school. Go Lancers!”

More pictures of the event on [Facebook](#).

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 159 schools with 76,000 kids, ten parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on [Facebook](#).



A racquet in every hand! A smile on every face!



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