

Maximizing Play Spaces for Tennis

The “Play Area Set-up” diagram provides examples of how to maximize available space for kids to play tennis. The diagram is divided into three zones:

1. Tennis Activity Zone

Features a station rotation format in which children practice various tennis and fitness activities in designated areas. Basic skills are emphasized and nets are not required.

2. Tennis Four-Square Zone

Designed to get kids playing and rallying with each other using the Four Square game rotation common on many school playgrounds. The game emphasizes control and consistency and nets are not required.

3. Tennis Games Zone

Intended to provide kids with an opportunity to rally and play out points over a net with their friends. Different game formats can be used including Team Doubles and Champs of the Court.

Additional Tips

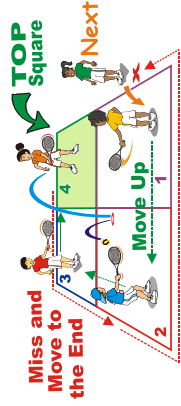
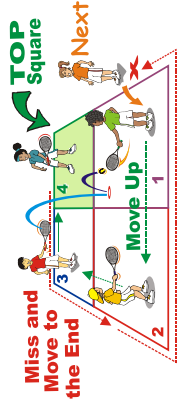
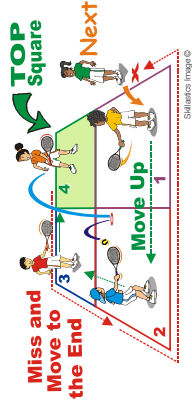
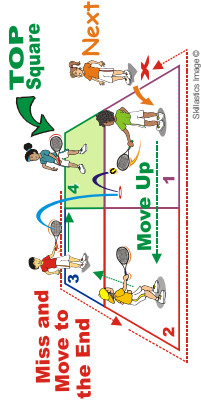
- Each zone is intended to accommodate 4-8 kids per activity, which results in 16-32 kids participating in each zone
- Engage additional supervisors when working with larger numbers
- Supervisors should be responsible for specific zones and stations when possible
- Play Supervisors should ensure students play safely and provide opportunities to participate in each of the different activities
- Equipment at each zone can be shared if it is in short supply—some zones/activities only require 4 racquets or less
- The set-up and games shown in the illustration can also be used for hosting a Tennis Festival
- For access to more in-depth descriptions of activities, games, Play Supervisor Tips, rotation ideas, and more, refer to the Kids’ Tennis Club Playbook available for free by registering at www.usta.com/kidstennisclubs



Play Area Set-Up

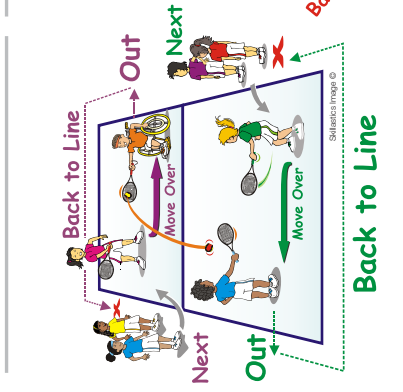
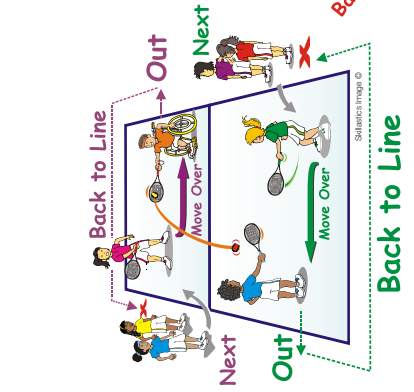
Tennis Four-Square Zone

Tennis Four Square



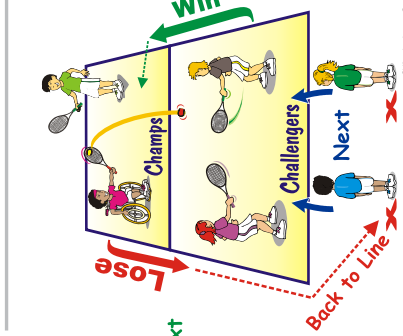
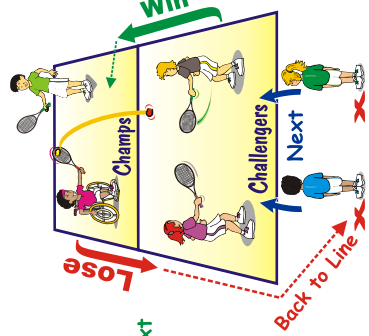
Tennis Games Zone

Team Doubles



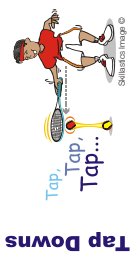
Champs of the Court

Singles or Doubles

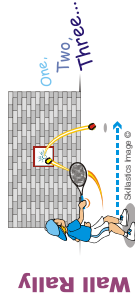


Tennis Activity Zone

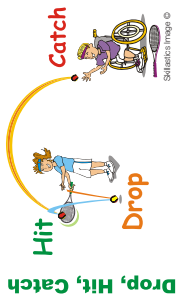
Racquet and Ball Handling



Rally Challenge



Partner Practice



Fitness Fun

