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*** FOR IMMEDIATE RELEASE ***

QCV Trains Pittsylvania County

Charlottesville, Virginia (8/6/2015) – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstartcentral.org)) is pleased to report training for the Pittsylvania County Public Schools has recently been completed. All PE teachers in elementary, middle and high school, except for two of the 33, participated in the three-hour workshop, which was led by QuickStart PRO Rich Michaels. All schools were represented. Also participating in training were Mark Moore, Director of Parks & Recreation for Pittsylvania County, Jane Allen, tennis coach at Chatham Hall and Jim Tung, tennis coach at Hargrave Military Academy. Fred Webb, Jr., Executive Director of the J.T. - Minnie Maude Charitable Trust stopped in to view some of the FUN! Pittsylvania Schools Health & PE Coordinator Elizabeth Craig, who organized the training, was there to lend her support.



At the conclusion of training, an elementary-school equipment package of 36 racquets, six dozen balls and two portable nets was given to Cheryl Crews, one of the PE teachers at Twin Springs Elementary. Cheryl transferred to Pittsylvania from Appomattox County this school year and is a QuickStart “veteran.” The elementary schools will share the equipment until funding can be found to equip each school.

QCV QuickStart Coordinator Lynda Harrill says, “The folks in Pittsylvania County are so receptive and ready to get kids moving. This training session was one of the best sessions ever, and we’ve done more than a few. We have now trained almost 1,600 people to teach tennis using the QuickStart Tennis format. QCV continually strives to find adequate funding to equip each school. Having equipment on-site at each school is critical to grow tennis ‘naturally.’ It’s not just about getting tennis in PE classes. We want equipment to be available and used at recess, in after-school programs, at back-to-school nights and open houses, field days, family fitness nights, for open play in the

gym, school-based tennis teams and so on. We want to make the 18 Pittsylvania schools 'tennis schools' just like we've done with 141 others and to help Parks & Rec start out-of-school programming. We also reached out to Chatham Hall and Hargrave Military, both of which have varsity tennis programs. It's our goal to connect all the 'tennis DNA' in the community and build a public tennis tradition for the kids in Pittsylvania County."

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 141 schools with 67,000 kids, nine parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

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A racquet in every hand! A smile on every face!



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