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\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## QuickStart PRO Wraps Up in Cumberland County

**Charlottesville, Virginia (6/29/2015)** – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstartcentral.org)) is pleased to report successful completion of the fourth annual QuickStart PRO program for summer school students at Cumberland Elementary School. More than 60 kids in grades 1-5 played tennis as part of their summer school curriculum. This year's session was led by Rich Michaels, a Buckingham County resident and PTR Scholastic Coach and USPTA Recreational Coach, who also led the inaugural QuickStart PRO session for the school in 2012.

The kids rotated through the gym in 30-minute increments each day over the two-week session. Rich customized the activities to suit each age group and wrote a [daily blog](#) to document what was happening "on court." Superintendent of Schools Amy Griffin and Assistant Superintendent Chip Jones stopped in on several occasions to check on the progress and take photos of the kids having fun.



Superintendent Griffin says, "QuickStart PRO is a highlight in our elementary summer program. Students not only learn and practice tennis skills but critically think, problem-

solve and collaborate. We look forward to pursuing a fall after-school program and one day, QuickStart Tennis courts at Cumberland Elementary!”

QCV QuickStart Coordinator Lynda Harrill adds, “Cumberland County has been so receptive to QuickStart Tennis since we first approached the County back in 2011. Our relationship with the schools has grown and their students have flourished. It’s especially heartening because there are currently no tennis courts in the entire county. We hope to rectify that situation by helping to fund the construction of 36-foot QuickStart courts at the elementary school. We are in the early stages of fundraising for that project.”

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV’s service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 141 schools with 67,000 kids, nine parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](https://www.facebook.com/quickstartcentral).



*A racquet in every hand! A smile on every face!*



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