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\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## Scottsville Elementary Goes Bananas for QuickStart!

**Charlottesville, Virginia (3/26/2015)** – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstartcentral.org)) is pleased to report 90 students in five classes of kindergarteners, first- and second-graders were treated to a Go Bananas! visit during PE class visit on March 24. Scottsville Elementary PE teacher and QuickStart booster Kim Gentry invited QCV to help kick off the spring tennis unit at the school. Each student received a Go Bananas! bracelet and poster plus a variety of Go Bananas! cards. Kim was given a full set of cards so she can tell the kids what great tennis players eat all year.



Lynda Harrill, QuickStart Coordinator, says, “Scottsville Elementary is one of our newer QuickStart Pathway Builder ‘next level’ schools, so we love to be invited for a visit. The kids were attentive (it’s real hard for kids that age to sit still and listen for 25 minutes) and very excited about the prospect of starting tennis in PE class the next day. We hope to get a QuickStart PRO — a QuickStart-trained college student — to teach tennis there as part of the summer school curriculum this year. Being active and eating healthy are two key ingredients for better academic performance. That’s why we Go Bananas!”

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 141 schools with 67,000 kids, nine parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 28 additional schools in southwestern and eastern Virginia as part of the Supercharge School Tennis Task Force in the USTA/Mid-Atlantic Section which kicked off in August 2014 and runs for the current school year.

Visit QCV at: [www.quickstartcentral.org](http://www.quickstartcentral.org) and on [Facebook](https://www.facebook.com/quickstartcentral).



*A racquet in every hand! A smile on every face!*



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