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*** FOR IMMEDIATE RELEASE ***

QuickStart PRO Named Virginia Teaching Professional of the Year

Charlottesville, Virginia (11/25/2014) – QuickStart Tennis of Central Virginia ([QCV](http://www.quickstartcentral.org)) is pleased to report QuickStart PRO Christopher “Cubby” Cabbage, USPTA tennis professional and founder of Matilda Blue Tennis, has been named the USTA/Mid-Atlantic Virginia Tennis Teaching Professional of the Year for 2014. Cabbage received his award and was honored at the USTA/Mid-Atlantic Virginia annual meeting and luncheon which was held recently at the Boar’s Head Pavilion.



Cabbage, pictured at left with one of his students and Go Bananas! role model, Vivi Hui, has been teaching tennis in the area since he moved back to Charlottesville in 2008. Cubby first played tennis at the McIntire tennis courts and taught himself to play tennis on backboards on public courts. He was invited to play on a city team in the Jefferson Junior Tennis League by its founder John Morris, who later taught Cabbage to teach as an apprentice. He

went on to play baseball in college and then returned to teaching tennis as his profession. Through Matilda Blue Tennis he reaches a large community of children and adults every year. His signature program — Family Friendly QuickStart — gets kids aged 3-5 on-court together with their parents, hooking the kids on the FUN of the QuickStart Tennis format while educating their parents about the new approach to teaching tennis. In addition to his Matilda Blue activities, Cabbage serves as Director of Athletics for 4Star Camps and offers tennis programs through the Charlottesville Parks & Recreation Department, as well as programming for 8U Tennis Academy on the 36-foot courts behind Jack Jouett Middle School. He also founded, developed and teaches the QuickReStart Adaptive Tennis program for seniors at the Lodge at Old Trail and The Colonnades. All in all, Cubby currently has students ranging in age from one to 101.

QuickStart Coordinator Lynda Harrill says, “It was a no-brainer to nominate Coach Cubby for this prestigious award. He’s done so much for public tennis in our community, he well deserves this recognition. I wish we could clone him!”

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 27 counties and three independent cities in the heart of Virginia for all beginners, especially underserved youth.

QCV's Service Area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greenville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, where we currently serve 140 schools with 67,000 kids, three Boys & Girls Clubs and two YMCAs.

Visit QCV at: www.quickstartcentral.org



A racquet in every hand! A smile on every face!



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