

*** FOR IMMEDIATE RELEASE ***

BrightSTARS-Tennis for Me! Kicks Off at Agnor-Hurt Elementary

Charlottesville, Virginia (10/13/2017) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report another BrightSTARS-Tennis for Me! program in Albemarle County has been started at Agnor-Hurt Elementary School. Pre-K kids in Debbie Stollings' class recently had their first tennis lesson and learned about why bananas and apples are healthy to eat. The session was led by Lynda Harrill, QCV QuickStart Coordinator, with help from QCV Board member Barbara Bozsik, Ms. Stollings and teaching assistant Andrea Gray. The equipment for the school was funded by a grant from the Party Parade Fund in the Charlottesville Area Community Foundation. The school was given 24 racquets, foam balls, puffer balls, a portable net and plastic cones packed in two plastic bins for easy storage.

The paved walkway near the main entrance served as a tennis "court" on a beautiful sunny day. After warming up and Pass the Puffer Ball and Stop Sign/Pop Volley activities, the kids were given Go Bananas! bracelets and Go Bananas! cards for apples and bananas. As a bonus, the kids also received Apples for Aces stickers as well as red delicious apples generously donated by Carter Mountain Orchard.



Pass the Puffer Ball with Ms. Stollings and Ms. Bozsik

Harrill says, "We recently started our fourth BrightSTARS-Tennis for Me! program in Albemarle County at Agnor-Hurt Elementary. I am always amazed at the different 'personality' each classroom has and that it varies from school to school and changes from year to year. There is never a dull moment! Best part is our approach to teaching is readily adaptable and we keep it FUN for everyone involved. This school year we've

added three new BrightSTARS sites in Albemarle County thanks to the generosity of the Party Parade Fund. The first session was extra special, thanks to Carter Mountain Orchard's donation of apples."

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 206 schools with 95,000 kids, 13 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on Facebook.

For additional information, contact quickstartcentral@comcast.net



A racquet in every hand! A smile on every face!



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