

*** FOR IMMEDIATE RELEASE ***

BrightSTARS-Tennis for Me! Kicks Off at Woodbrook Elementary

Charlottesville, Virginia (10/11/2017) – QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report it has started another BrightSTARS-Tennis for Me! Program, this one in Albemarle County at Woodbrook Elementary School. Preschoolers in Ms. Kelli Huffman's class recently experienced tennis for the first time. The session was led by Lynda Harrill, QCV QuickStart Coordinator, with help from QCV Board member Barbara Watson, community volunteer Linda Perry, Ms. Huffman and teaching assistant Jane Mathias. The equipment for the school was funded by a grant from the Party Parade Fund in the Charlottesville Area Community Foundation. The school was given 24 racquets, foam balls, puffer balls, a portable net and plastic cones packed in two plastic bins for easy storage.

A vacant parking lot adjacent to the playground equipment was the perfect spot to learn tennis on a beautiful fall day. After warming up and Pass the Puffer Ball and Stop Sign/Pop Volley activities, the kids were given Go Bananas! bracelets and Go Bananas! cards for apples and bananas. As a bonus, the kids also received Apples for Aces stickers as well as red delicious apples generously donated by Carter Mountain Orchard.



Pass the Puffer Ball is great for hand-eye coordination and following instructions

Harrill says, "We are thrilled to expand BrightSTARS-Tennis for Me! to Woodbrook Elementary. After our success here at Greer and Cale Elementary Schools and at schools

elsewhere in our service area, it's great to add more hands-on, local volunteer opportunities in our home base. The more people we can get involved, the more the kids will benefit. This group of kids was particularly receptive and totally engaged. Teaching these preschoolers is pure FUN! Many thanks to the Party Parade Fund and Carter Mountain Orchard for making this FUN possible."

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville. We currently serve 206 schools with 95,000 kids, 13 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on Facebook.

For additional information, contact quickstartcentral@comcast.net



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