

## \*\*\* FOR IMMEDIATE RELEASE \*\*\*

## **QuickStart Tennis Trains Franklin County**

Charlottesville, Virginia (11/15/2016) — QuickStart Tennis of Central Virginia, Inc. (QCV) is pleased to report that it recently held a training session for Franklin County Public Schools. PE teachers from all elementary and middle schools attended the session at Benjamin Franklin Middle School. Also attending were Michael Hagan, Coach of the Franklin County High School Girls Tennis Team, Tyler Lee, former Ferrum College player and Community Outreach for Carilion Franklin Memorial Hospital, and special guest Brenda Schultz-McCarthy, Go Bananas! role model for the "WHY do tennis players eat mangoes?" card and the first woman professional tennis player to serve 135 mph (pictured at far right below). Jessica Slough, PE teacher at the middle school, coordinated the session. At the end of training, Stuart Jamison, PE teacher at Lee Waid Elementary, was given a set of QuickStart Tennis equipment for his school. A generous grant from The Titmus Foundation made this equipment grant possible.





Lynda Harrill, QuickStart Tennis Coordinator, says, "We had a wonderful group of very enthusiastic participants — more than 30. It was one of the best sessions we've ever done. They were all-in. There was a lot of teamwork evident in this group and they all are eager to get tennis in their PE and after-school programs, as well as in the Franklin community."

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 204 schools with 94,000 kids, 13 parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: <a href="https://www.quickstartcentral.org">www.quickstartcentral.org</a> and on <a href="https://www.quickstartcentral.org">Facebook</a>.

For additional information, contact <a href="mailto:quickstartcentral@comcast.net">quickstartcentral@comcast.net</a>



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