

*** FOR IMMEDIATE RELEASE ***

SuperStarters Sports Partners with Madison House

Charlottesville, Virginia (3/29/2016) – QuickStart Tennis of Central Virginia (QCV) is pleased to report SuperStarters Sports is partnering with 12 volunteers from UVa's Madison House this semester. Madison House, the volunteer center for UVa students, builds community partnerships and promotes lifelong service to address the needs of the community as well as the educational and personal growth goals of students. More than 3,000 students volunteer their time and energy each week during the school year. About 50 percent of all UVa undergraduates volunteer through Madison House at some point in their college career. The SuperStarters volunteers will work in established after-school programs this spring at Cale, Greer, Johnson and Stone-Robinson Elementary schools.



SuperStarters Founder and President Ellen Markowitz says, "We're thrilled to be partnering with Madison House this semester to provide tennis programs to local youth! This allows UVa coaches to get involved in the community, do an activity they love and inspire kids to be active and healthy. Many of the volunteers are members of the club tennis team at UVa, and it's great that they can combine their interest and skills in tennis with a desire to give back. In turn, the students are receiving valuable professional experience, training on coaching and teaching and mentorship!"

Lynda Harrill, QCV's QuickStart Tennis Coordinator and Founder, adds, "We love community partnerships and volunteers. I've known one of the Madison House volunteers, Frannie Stadlin, since 2011 when she was a tennis team member at Nelson

County High School. She attended a school-tennis training session for Nelson County. We invite members of high school teams in the counties we train. I remember her mom was going to drop her off for the session, but I convinced her mom and two little brothers to stay for the FUN. Frannie knows the FUN of QuickStart first-hand. It's wonderful to see her at UVa and still involved in tennis in our community. I can't wait to meet the other volunteers."

QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in the heart of Virginia for all beginners, especially underserved youth, using the kid-sized QuickStart Tennis format.

QCV's service area includes Albemarle, Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Franklin, Greene, Greensville, Halifax, Henry, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Patrick, Pittsylvania, Prince Edward, Powhatan and Rappahannock counties and the cities of Charlottesville, Danville and Martinsville, We currently serve 166 schools with 80,000 kids, ten parks & recreation departments, three Boys & Girls Clubs and two YMCAs in 27 counties and three independent cities. We have also gotten tennis into PE classes in 30 additional schools with 14,000 students in southwestern and eastern central Virginia as part of the Mid-Atlantic Supercharge School Tennis Task Force.

Visit QCV at: www.quickstartcentral.org and on Facebook.

For additional information, contact <u>quickstartcentral@comcast.net</u>



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